



"Nobody grows old by merely living a number of years. People grow old by deserting their ideals. You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair." -- Douglas MacArthur, General

Life, as a word, has a sense of being long lasting, vibrant and bright. So why is it that people live it with so much gloom and despair. Children have an excitement and enthusiasm that seem endless. They feel like they can do anything. They believe that they can accomplish the impossible. They never give up. (Have you ever had a child ask you for something that they wanted like a cookie?) They are relentless. They expected the best of everything regardless of our situation.

Then, we'd say, that we grew up or became mature or reality sets in. That vibrant enthusiasm dries up and we begin to simply exist. Working to pay the bills. We try something and it does not work. We don't have what we thought we should at a certain stage in life. We get stuck in the rut of the present. There is a saying, My perspective, my reality. What we actually do is adopt the perspective of others around us and make it our reality. Then we begin to believe that going for the gusto is a childish endeavor.

That's when we age. That's when our facial countenance becomes downcast. That's we we start concentrating solely on the aches and pains of the day. That's when we grow old. No energy, no desire, no life. Where there is no life, death reigns. Death in our relationships, in our finances, in our careers.

Today, do something extraordinary...create a new reality. Re-learn to dream big dreams. Re-ignite that childish enthusiasm toward what great things are in store for yourself. Invigorate your life by establishing relationships with people who will push you to greatness. Ask yourself, if I was guaranteed to succeed, what could I do to give me extreme joy in my life? Then go after it as if were destined for you. Life is great!!! Think about it. Any day that you can draw breath is a great day!!! Each day brings for new opportunities, new experiences, new joys. Change your perspective and you can change your life.

"Our chief want in life is somebody who will make us do what we can." --

Ralph Waldo Emerson, Poet

Most people believe that the prize is received when they reach the destination. The unrecognized truth is that the prize is nurtured through the journey.

Live the life and stay forever young.

James Kent II